



Jog Educational Trust's

P. Jog College of Science and Commerce

(Affiliated to Savitribai Phule Pune University)

Course Structure

Bachelor of Arts in Psychology

The **Bachelor of Arts (B.A.)** is mainly awarded to students in the areas of Humanities, Arts, Social Sciences, Linguistics. BA generally gives a learner more flexibility in choosing courses and gaining interdisciplinary education. The course can deepen your cultural understanding and awareness in addition to developing analytical, critical thinking, written and communication skills.

Duration: 3 years

Medium of Instruction: English

Course Eligibility: 10+2 or its equivalent from a recognized institution

Examination Pattern: Semester Pattern

Specialisation: Psychology

The Bachelor of Arts in Psychology program at P. Jog College of Science & Commerce offers a comprehensive and engaging study of human behavior and mental processes. Supported by a strong legacy of academic excellence, the department integrates rich theoretical learning with practical exposure through well-equipped facilities and modern infrastructure. With the college's dedicated counseling cell and a supportive academic environment, the program fosters a vibrant community of learners committed to understanding human behavior and preparing for diverse professional pathways.

FYBA Psychology

SEM-I	SEM-II
1. PSY-101-T: Foundations of Psychology and Experiments (2T)	1. PSY-151-T: Basics of Psychology and Psychological Testing (2T)
2. PSY-102-P: Psychology Practical – 1 (2P)	2. PSY-152-P: Psychology Practical – 2 (2P)

SYBA Psychology Major

SEM-III	SEM-IV
PSY-201-MJT Developmental Psychology	PSY-251-MJT Abnormal Psychology
PSY-202-MJP Practical on Developmental Psychology	PSY-252-MJP Practical on Abnormal Psychology
PSY-221-VSC Basics of Counselling (T)	PSY-271-VSC Developing Counselling Skills (P)
Field Project (FP) 2 PSY-231-FP Field Project	PSY-281-CEP CEP: Community Engagement Program
IKS 2 PSY-200-IKS Basics of Indian Psychology	

TYBA Psychology Major

SEM-IV	SEM-V
SEC- 1C (Industrial and Organizational Psychology)	SEC- 1D (Applied Psychology)
DSE-1C (Psychological Testing) (Theory) (3)+(1) Testing Project	DSE-1D Experimental Psychology (Theory) (3)+(1) Testing Project
DSE-2C (Psychological Tests) (Practical) (3)+(1) Statistics	DSE-2D (Psychological Experiments) (Practical) (3)+(1) Statistics
SEC-2C (Personality Development-1)	SEC-2D (Personality Development-2)

Course Objectives (Program Objectives)

The BA Psychology program aims to:

1. Provide a strong foundation in core psychological concepts and theories.
2. Develop scientific skills in testing, experimentation, and data analysis.
3. Build basic counselling abilities and interpersonal communication skills.
4. Promote holistic personality development and emotional intelligence.
5. Introduce applied and culturally relevant perspectives, including Indian psychology.

Course Outcomes (Program Outcomes)

Upon completing the program, students will be able to:

1. Demonstrate clear understanding of major psychological processes and behavior.
2. Apply psychological theories to analyze individual and group behavior.
3. Administer, score, and interpret basic psychological tests ethically.
4. Use foundational counselling skills such as empathy, listening, and rapport building.
5. Apply psychological knowledge in community settings and entry-level professional roles.

Possible Career Opportunities

1. Roles in counselling, mental health support, and community services.
2. Positions in corporate sectors such as HR, training, and organizational development.
3. Opportunities as research assistants, psychometric test administrators, or project coordinators.
4. Roles in NGOs, educational institutions, and social welfare organizations.
5. Careers in behavioral training, personality development, and skill-building programs.
6. Pathways to higher education such as MA/MSc Psychology, MSW, MBA, or specialized diplomas in counselling and therapy.